


<b>Lubricants Delivery Driver</b>	<b>Location: Darwin</b>	<b>PUMA/Direct Haul</b>
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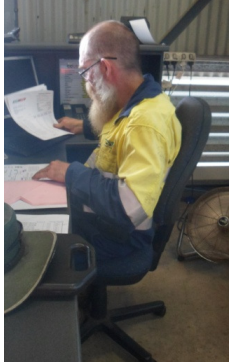
**Description:** Pre start check is performed on the vehicle. Driver loads deliveries using forklift or manually with moving trolley onto truck. Side gates are lowered and raised to secure load with straps ratcheted to hold load in place. Local deliveries on paved roads (gravel rarely) average 10-20 min drive time with an occasional maximum of 40 min. Driver unloads light items manually or with trolley after lowering gates. Site staff unload heavy items with a forklift. 1-5 truck loads/day with return trips and reload at the warehouse. Up to 15 delivery drops/day. Driver walks 100 m level ground from site entry to warehouse and has 2 steps to enter warehouse admin office for paperwork preparation sitting at a desk.

**PPE:** High visibility long sleeved shirt, long pants, steel capped boots, sun protection

**Roster:** Mon-Fri 9-10 hour days

**Environment / Health:** Exposure to weather (heat/rain/storms/wind), chemical exposure

Task:	Photo:
<p><b>Pre start Vehicle (Kenworth BUO36) Check:</b> Driver checks daily truck fluid levels (forward reaching) and performs walk around visual vehicle inspection. To access under the bonnet, the driver uses a pinch bar to lever bolts securing bull bar, and removes a central pin, manually supporting and lowering a pivoting bull bar (28 kg) from vertical to horizontal position. Straps are pulled on the side of the cab to release bonnet and bonnet is pushed from chest height to overhead (awkward load) 26 kg. To lower the bonnet, the weight is supported to lower back into position. The bull bar is manually lifted and held in position while reaching to pick up and replace bolts. Essential task.</p>	
<p><b>Loading Truck:</b> Heavy items/or items that have been palletized are loaded by forklift by the driver onto the truck. At delivery site, delivery staff offload forklift items. Lighter or individual items are manually loaded/unloaded at the destination. Maximum bilateral carry 19 kg Castrol Edge and single arm carry AD blue 23.25 kg, coolant 25 kg, Alphasyn 18 kg - drum with handle stored at ground height and placed at chest height onto truck. Trolley can be used to transport items but manual lift is still required to load items from trolley to truck. Trolley 6 kg is store under the truck and slid on/off shelf once lifted into position. Barrels are loaded by attaching</p>	

Task:	Photo:
<p>control cable to back of truck and lowering tailgate lifter. 3 vertical steps onto tray to roll drum onto platform and lower. Platform manually unfolded &lt; 10 kg bench ht. May roll drums on site up to 10 m. 1-2 drums/week. Essential task.</p>	
<p><b>Load Securing:</b> 3 x10 kg gates on each side are raised/lowered into position. 6 kg bars between gates are lifted from ground to overhead. An extended overhead reach (up on toes) to push the pins in place while holding the gates to secure each gate. Straps stored under the tray are hooked on one side and thrown over the load and ratcheted tight at chest height on opposite side. Essential task.</p>	
<p><b>Driving:</b> Driver access to cab is via 3 vertical steps (37 cm/44 cm/45 cm) with a grab bar to the L while maintaining 3 points of contact. Driver must bend forward and rotate to manoeuvre into seat. Seat is suspended, fully adjustable and cab is air-conditioned. Essential task.</p>	
<p><b>Data recording:</b> Driver will complete paperwork at a seated desk or bench prior to deliveries and will also prepare and complete paperwork at deliver location (usually in a standing position). Access to delivery offices can require walk over uneven ground. Essential task.</p>	

## Physical Demands

**Job: Lubricants Delivery Driver**

Item	Other	Occasional	Frequent	Constant
Floor-Bench	Awkward loads	25 kg		
Bench - Bench	Awkward loads/Forceful push/pull	25 kg		
Bench -Shoulder	Awkward loads/Forceful push/pull	25 kg		
Bench - Above Shoulder	Pushing/controlled lowering	26 kg		
Bilateral carry		19 kg		
Single arm carry		25 kg		
Sitting				x
Walking			x	
Ladder		x		
Kneeling		x		
Squatting		x		
Stairs		x		
Standing		x		
<b>Neck:</b>				
Rotation		x		
Forward Bend			x	
Bend Backward			x	
<b>Back:</b>				
Forward Bend			x	
Side Bend			x	
Rotation		x		
Bend Backward			x	
<b>Arms:</b>				
Forward Reach			x	
Side Reach		x		
Overhead Reach				x
Reach Behind		x		
Hand Manipulation				x
<b>Wrist/Hands:</b>				
Bend Down			x	
Bend Up			x	
Bend toward thumb/little finger			x	
Forearm Rotation		x		
Grip				x
<b>Frequency Classifications</b>				
	<b>% Task Time</b>	<b>Reps Per Day</b>	<b>Reps Per Hour</b>	<b>Reps Per Minute</b>
N - Never	-	-	-	-
O - Occasionally	1-33	1-100	1-12	1 every 5-15
F - Frequently	34-66	101-500	12-63	1 every 1-5
C - Continuous	67-100	500+	>63	1 or more